

## Media Kit Updated Bio

The mundane life was never for Jerry Fabyanic. As a life-long learner and student of life, Jerry has come to accept Joseph Campbell's principle that one's life journey begins at the moment one says yes to it. And once having done so, there's no turning back. Jerry has lived a blessed, ordinary life: runner, skier, hiker, teacher, reader, gardener, columnist, essayist, activist, diehard Bronco fan, thought provocateur, and now an award-winning author in both fiction and nonfiction genres.

Jerry is the award-winning author of *Sisyphus Wins* and *The Lion's Den* in the Sisyphus Series and *Food for Thought: Essays on Mind and Spirit, Volume One* and *Volume Two*. He is also the author of *Chacolata*, a novella that transports the reader into a spiritual menagerie where they can contemplate and explore wondrous potentials for life, as well as life after death, beyond our culture's traditional conceptions.

Jerry's novels are theme focused and character driven, and his essays explore a wide range of mind and spirit topics. Using metaphors, allusions, and symbolism as vehicles, Jerry probes answers to his perennial Big Question: Why do people believe and act as they do? He works to bring what might be arcane and complex philosophical, psychological, and mythological concepts into the world of everyday understanding and meaning.

## Short Version

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